1. In which year international Hand ball federation CIHL was formed.
   A. 1949  B. 1944  C. 1946  D. 1950

2. In which year first World Cup of Football was organized.
   A. 1932  B. 1930  C. 1934  D. 1936

3. What is the height of Stumps above the ground.
   A. 28"  B. 29"  C. 26"  D. 30"

4. When Basketball was included in Olympic for the first time.
   A. 1932  B. 1940  C. 1928  D. 1936

5. What is the height of the Basketball board form ground.
   A. 2.95 M  B. 2.75 M  C. 2.90 M  D. 3.00 M

6. Ippon is Connected with
   A. Points  B. Goal  C. Foul  D. Penalty

7. Wimeldon if famous for
   A. Foot ball  B. Cricket  C. Hockey  D. Lawn Tennis

8. Horizontal Exercise are associated with
   A. Gymnastics  B. P.T. Exercise  C. Poivalt  D. High Jumps

9. In Which year first time Volley Ball game included in Asian Games.

10. What is Diameter of Lawn Tennis Ball.
    A. 6.45cm to 6.57  B. 6.25 to 6.47 cm  C. 6.35 to 6.67 cm  D. 6.55 cm to 6.75 cm.

11. Injuries are among the most dangerous...
    A. Foot  B. Neck  C. Arm  D. Hand

12. Sanch is connected with
    A. Handball  B. Judo  C. Wrestling  D. Weight Lifting

13. Is there any time out in Hand ball.
    A. 3 time  B. 2 time  C. 4 time  D. 1 time.

14. What is the Length and Height of foot ball goalpost.
    A. 7.28m and 2.44 m  B. 7.42 m and 2.50 M  C. 7.50m and 2.4 M  D. 7.24m and 2.40m

15. When the first one day International match was played.

16. What is the duration of time out in Basketball
    A. 2 minute  B. 1 Min.  C. 30 Sec  D. 3 m

17. When Badminton was included in Asian Games for the first time.

18. Which lane is given to the best swimmer.
    A. 6 Lane  B. 5 lane  C. 3 Lane  D. 4 lane.

19. Feather weight is connected with
    A. Judo  B. Weight Lifting  C. Wrestling  D. Boxing

20. This Game is played on the basis of weight wise.
    A. Swimming  B. Judo  C. Shooting  D. Volley Ball.

21. Santosh Trophy is connected with
    A. Hockey  B. Football  C. Cricket  D. Tennis

22. In which year Table Tennis was included in Olympic

23. How many officials are there in a game of Table Tennis.
    A. 3  B. 4  C. 2  D. 5

24. The Boxing Matches are conducted on
    A. Game Point  B. Knock out Basic  C. Point Basis  D. none of these.

25. The game of Judo originated in
    A. Rome  B. South Africa  C. Japan  D. U.S.A

26. In which year International Gymnastics Federation was formed.
    A. 1881  B. 1981  C. 1818  D. 1931

27. Thomas cup was started in 1948. Tell the name of Championship.
    A. Olympic Championship  B. Indian Championship  C. National Championship  D. World Championship

28. Mr. Sushil Kumar and Yesshwar Dutt are Famous Players.
    A. Wrestling  B. Judo  C. Boxing  D. Weight Lifting

29. Athletic World Cup was started in

30. Ameteur Athletic Federation of India was Founded in 1946 which city.
    A. Delhi  B. Bangalore  C. Calcutta  D. Bombay

31. Origin of Yoga has been trace back to
    A. Birth of Christ  B. Mugal Empire  C. Ancient Hindu voisdom  D. None of these

32. Yama Means
    A. God of Death  B. Restrain  C. Gift  D. Practice

33. In 1937 the first world speed championship was held in which country.
    A. Spain  B. Germany  C. England  D. Itly.

34. Which is therapeutically good for asthma, constipation and lower bacage.
    A. Parivrtta  B. gornubhasana  C. shrishaona  D. Tribonasone

35. Who is considered the father of Taekwondo.
    A. Hong Hui  B. Taeb wichi  C. Ching change  D. General Hong hi choi

36. The Warning penalty is called.
    A. Gjorn  B. Naggo  C. Taebwe  D. Kyonggo.
37. He is medium pace bowler
A. Irfan Pathan  B. Kumble
C. Harbhajan singh  D. Suresh Raina

38. Its wedge may be made of aluminium.
A. wickets  B. shuttle
C. benies  D. Javelin

39. Arjun award for cricket 1984 was given to
A. Sunil Gavaskar  B. Leander Paes.
C. Ravi Shastri  D. Mohinder Amarnath

40. Arjun Award for hockey in 1963 awarded to
A. Charanjit singh.  B. Jagbir singh
C. M.P. Singh  D. Raj pal singh

41. Sunil Chatterie famous for which game
A. Hockey  B. Foot ball
C. Cricket  D. volley ball

42. What should be the thickness of a Hockey sticks
A. 3"  B. 2"
C. 4"  D. 1"

43. Arjuna Award for Table Tennis In 1985 was awarded to
A. Subhashjeth saha  B. Sunil Chatterji
C. Kamlesh Mehta  D. M.S. Warne

44. What is the weight of handball for man.
A. 425g to 475 g  B. 430g to 465g
C. 420g to 455 g  D. 435 g to 484 g

45. What is the size of Judo Platform
A. 30 feet x 30 feet  B. 28 feet x 28 feet
C. 32 feet x 32 feet  D. 34 feet x 34 feet.

46. Arjuna Award Akram shah for which game related
A. Hockey  B. Judo
C. Boxing  D. weight lifting.

47. Roman Ring related form which sports.
A. Athletic  B. Gymnastic
C. Swimming  D. Judo

48. What is height of vaulting box.
A. 1200mm  B.1225mm
C. 1250mm  D. 1260mm

49. In which year Kho-Kho was introduced in Asian Games.
A. 1980  B. non of these
C. 1985  D. 1982

50. In which year Kabaddi introduced first time in Asian Games.
A. 1986  B. 1982
C. 1990  D. 1994

51. Arjun award Bhanu Sachdeva know for
A. Cricket  B. Swimming
C. Judo  D. Hockey

52. Rajiv Gandhi Khel Rattan Award given to Sachin Tendulkar in which year
A. 1996-97  B. 1994-95

53. India won the Olympic hockey crown for how many times in row
A. Two  B. Three
C. Four  D. Five

54. weight of Hockey Stick for men
A. 24 ounces  B. 38 ounces
C. 26 ounces  D. 28 ounces

55. Kabaddi received International exposure during the which Olympics
A. 1936 Beslin Olympic  B. 1936 seoul
C. 1865 greece  D. commonwealth games 2006.

56. Basketball was first introduced in India
A. YMC  B. Sports.
C. Menis  D. Youth

57. Dronacharya award for Cricket in 1987 awarded to
A. Ramakant Achrekar  B. Gucharan Singh
C. Chaboo Borde  D. Kapil Dev

58. Name of Play ground of Judo
A. Nage waze  B. Shiajo
C. Jiban  D. Tatami

59. Dronacharya award for Kabaddi in 2005 awarded to
A. Shamsher singh  B. J.Juday kumar
C. Balwan singh  D. P. Ganeshan

60. Kapil Dev was honored in 1979-80 which award.
A. Bharat Rattan  B. Padmashree
C. Dronacharya  D. Arjuna Award.

61. Durand Cup started in which year
A. 1880  B. 1885
C. 1900  D. 1896

62. Who won the gold cup in Football in first Asian games
A. Pakistan  B. Africa
C. India  D. USA

63. A batsman is declared time out if he does not reach in field within
A. 1 Minutes  B. 90 Seconds
C. 30 Seconds  D. 2 Minutes

64. Who is a player who can play both the guard and forward position.
A. Swing Man  B. Shooter
C. Forward Guard  D. Defence

65. A shot that misses both the rim and the Backboard completely in referred to as an
A. Misses shot  B. Hit Board
C. Drive throw  D. Air ball

66. Rajiv Gandhi Khel Rattan Award has been won by
A. Jyotirmoyee  B. K.M Beenamol
C. Anju Bobby George  D. All of them

67. Which Trophy instituted as a running trophy in 1956-57, is awarded annually to the University which has given the best all rounder performance during the year of ward.
A. Maulana Abdul Kalam Ajad  B. Duleep
C. Irani  D. UGC

68. SGFI us voluntary organization founded in which year
A. 1965  B. 1955
C. 1876  D. 1956

69. The constitution of SGFI states that election for the federation are to be held in
A. Every Year  B. Every four year
C. Every two year  D. All of these

70. The Arjun Award carries a cash prize of Rs. A bronze statutte of Arjuna and scroll
A. 5,00,000  B. 3,00,000
C. 10,00,000  D. 2,50,000

71. The Arjuna Award were instituted in which year by the Govt.of India to recognize outstanding achievement in National Games.
A. 1961  B. 1930

72. Feather weight connected with
A. Hockey  B. wrestling
C. Swimming  D. Shooting

73. Ippon word connected with
A. Wrestling  B. Boxing
C. Judo  D. Weight Lifting

74. This Game is played wearing gloves.
A. Boxing  B. Judo
C. Tennis  D. Volley Ball
75. This word is from the game of cricket.
A. Backout  B. Fielding  C. Push  D. Runway

76. Snatch is connected with
A. Judo  B. Gymnastic  C. Weight lifting  D. Hand ball

77. This player has taken more than 600 wickets
A. Kumble  B. Shaun Warne  C. Don Bradman  D. Brayan Lara

78. This player is connected with hockey
A. Gavaskar  B. Brayan Lara  C. Dhayan Chand  D. Kapil Dev

79. There are ten events in the competition.
A. Triple jump  B. Decathlon  C. None of these  D. Penalthion

80. Shot put is associated with
A. Jump events  B. Hockey  C. Throw  D. Weight lifting

81. Jessie owens Trophy and marshal tito award are associated with
A. Athletic  B. Kabaddi  C. Talbe Tennis  D. Football

82. Modern football is contribution of
A. Japan  B. America  C. England  D. China

83. Race which are run with maximum power and speed.
A. Long distance  B. Hurdle race  C. Sprints  D. Drill.

84. The history and development of this sport can be traced to the akharas.
A. Yoga  B. Gymnastic  C. Volley Ball  D. Kho-Kho.

85. This game is played on a table.
A. Carrom  B. Cards  C. Tennis  D. Table Tennis.

86. Red Card shown to the player in
A. Volley Ball  B. Foot Ball  C. Kabaddi  D. Kho-Kho

87. How many player in Kho-Kho in each team
A. 11  B. 12  C. 9  D. 10

88. Hajime word connected with
A. Wrestling  B. Judo  C. Hand ball  D. Weight lifting

89. The term refers to journey of Olympic carried from time, the Olympic games started to their present from.
A. Olympic flame  B. Olympic ceremony  C. Olympic movement  D. sports movement

90. The first modern winter Olympic games held in which year in chamonix France
A. 1924  B. 1934  C. 1824  D. 1928

91. In 1896 Athenes Olympic games only. How many countries participated the number of participated increased by 122 by 1972.
A. Five  B. Nine  C. Eleven  D. eight

92. How many Olympic could not be held owing to the two word wars.
A. Three  B. Six  C. Four  D. Two

93. How many circles are there in Olympic flag.
A. 4  B. 7  C. 5  D. 6

94. If there 11 teams in knock out bye to give are
A. 11  B. 7  C. 3  D. 4

95. Nehru gold cup is associated with
A. Cricket  B. Hockey  C. Foot ball  D. Basket ball

96. The term Iona is associated with
A. Kho-Kho  B. Volley ball  C. Lat Tennis  D. Kabaddi

97. First Asian Games were held in Which country.
A. Pakistan  B. Shri Lanka  C. Japan  D. India

98. Hitch kick style is used in
A. Shot put  B. Long jump  C. Javelin  D. High jump

99. Car levis is associated with
A. Judo  B. Boxing  C. Athletic  D. Gymnastic

100. How many Quarters are played in Basket Ball one Match.
A. 3  B. 5  C. 2  D. 4
ARMY WELFARE EDUCATION SOCIETY

WRITTEN TEST PAPER FOR TEACHERS SELECTION: 09 DEC 2012
PART-‘B’ : Physical Educations (PGT) : SUBJECT CODE : (P71)

GENERAL INSTRUCTIONS

1. DO NOT open this booklet until you are asked to do so.

2. FILL SCHOOL CODE, REGN NUMBER ON OMR ANSWER SHEET CAREFULLY AND SIGN ON THE RIGHT BOTTOM CORNER OF OMR SHEET.

3. Total duration of the test is 2 Hours and Maximum Marks are 120.

4. There are total 100 questions. All questions are objective type-multiple choices. All questions carrying equal marks.

5. DO NOT write anything on this question booklet.

6. After the test, please return this booklet along with OMR-Answer sheet to the invigilator.

7. You are not allowed to leave the examination hall before 1300h.

Instructions for filling the OMR Sheet

8. Read instructions printed on the OMR Sheet carefully before answering. Each item has four choices; A, B, C and D. Each choice is denoted by a circle. Shade the appropriate circle using Blue/Black Pen. Be absolutely sure of your option before shading the circle since you are not permitted to erase your response once shaded. More than one response will make your answer invalid. There is NEGATIVE MARKING for wrong answer.

Rough Work

9. For any rough work use the separate sheet provided along with the text booklet. DO NOT do any rough work on the answer sheet or any other paper.